

20th SUNDAY IN ORDINARY TIME (B)

1st. READING (Pro 9,1-6)

Wisdom has built her house set upon seven pillars; she has slaughtered her beasts, prepared her wine and laid her table. Next, she sent her servants to call from the central square of the city, "Pass by here, you who are fools." To the senseless she says, "Come, eat and drink of the bread and wine I have prepared. Give up your foolishness and you will live; take the straight path of discernment."

RESPONSORIAL PSALM (Ps 34)

I will bless the Lord all my days;
his praise will be ever on my lips.
My soul makes its boast in the Lord;
let the lowly hear and rejoice.

Revere the Lord, all you his saints,
for those who fear him do not live in want.
The mighty may be hungry and in need,
but those who seek the Lord lack nothing.

Come, listen to me, my sons;
I will show you how to fear the Lord.
If you desire long life,
if you want to enjoy prosperity,

keep your tongue from falsehood,
keep your lips from deceit;
turn away from evil and do good;
seek peace and pursue it.

2nd. READING (Eph 5,15-20)

Pay attention to how you behave. Do not live as the unwise do but as responsible persons. Try to make good use of the present time, because these days are evil. So do not be foolish but understand what the will of the Lord is. Do not get drunk: wine leads to levity; but be filled with the Holy Spirit. Gather together to pray with psalms, hymns and spiritual songs. Sing and celebrate the Lord in your heart, giving thanks to God the Father in the name of Christ Jesus, our Lord, always and for everything.

GOSPEL (Jn 6, 51-58)

Jesus said to the crowd: "I am the living bread which has come from heaven; whoever eats of this bread will live forever. The bread I shall give is my flesh and I will give it for the life of the world." The Jews were arguing among themselves, "How can this man give us flesh to eat?" So Jesus replied, "Truly, I say to you, if you do not eat the flesh of the Son of Man and drink his blood, you have no life in you. The one who eats my flesh and drinks my blood live with eternal life and I will raise him up on the last day. My flesh is really food and my blood is drink. Those who eat my flesh and drink my blood, live in me and I in them. Just as the Father, who is life, sent me and I have life from the Father, so whoever eats me will have life from me. This is the bread, which came from heaven; unlike that of your ancestors, who ate and later died. Those who eat this bread will live forever."